



# Heroin Addiction Treatment

Find addiction treatment help  
today at Red Oak Recovery!

866.457.7590

# Contents

- What is Heroin?
- Heroin Addiction Treatment Benefits
- Therapy and Treatment
- Dual Diagnosis Treatment at Red Oak Recovery
- Recovery Campuses at Red Oak
- Overcome Heroin Addiction At Red Oak Recovery

**Substance use** is a problem throughout the country, and heroin is one of the leading drugs that people can become addicted to today. In some cases, people who were using opioid medications, such as OxyCodone, find that they can no longer get access to these medicines. However, they still need some substance to escape the symptoms of withdrawal. As a result, they turn to illegal drugs, such as heroin. In other cases, heroin was a drug a person began using at parties and other social functions. Their use quickly developed into an addiction.

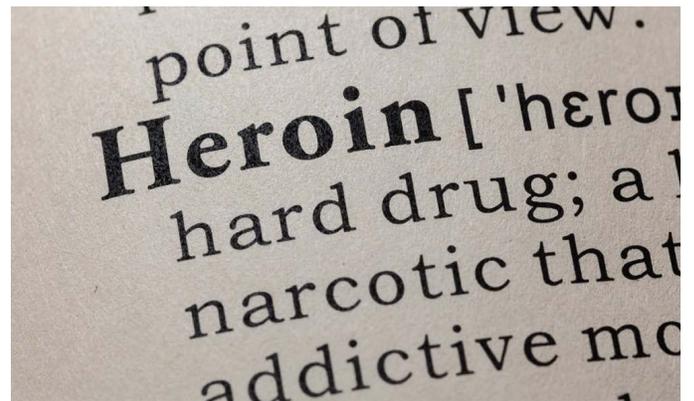
Heroin use and dependence has become an epidemic of major proportions in the United States. At Red Oak Recovery, our heroin addiction treatment program strives to fight this battle in the most comforting and encouraging atmosphere.

A huge number of heroin users will develop a dependence on the substance. According to the National Institute on Drug Abuse (NIDA), 23 percent of people who use heroin become dependent. However, help is only a call away at Red Oak! To learn more about the **addiction treatment programs** at our North Carolina men's addiction treatment center, contact Red Oak Recovery at 866.457.7590.



## What is Heroin?

Heroin is an opioid, which the creators make from morphine. Morphine is a natural substance that occurs in the poppy plants in Mexico, Columbia, and



Southeast and Southwest Asia. Heroin can appear as a brown or white powder. It can also appear as a black, sticky substance, which dealers call black tar heroin.

When a person uses heroin, it quickly enters the brain and binds to the opioid receptors. These opioid receptors control the feelings of pain and pleasure and manage your ability to sleep, breathe, and your heart rate. Your brain quickly forgets how to produce pleasurable sensations on its own, causing you to want to go back to using heroin.

Unfortunately, heroin causes a variety of adverse side effects, including:

- **Infection of the heart lining and valves**
- **Collapsed veins, if you inject the substance**
- **Liver, kidney, and lung disease**
- **Abscesses in the tissue**
- **Slowed mental functioning**
- **Heightened risk of bloodborne pathogens if you inject heroin**

In addition, because there is no regulation of heroin creation, many of the people who create heroin add other substances to this already dangerous mix. These additives, like starch, sugar, or powdered milk, can clog your blood vessels and impair your body's ability to function. It is imperative that you seek addiction treatment as soon as possible to

avoid the long-term consequences of heroin use. Red Oak Recovery can provide the support and care that you need to recover from heroin addiction.

## Heroin Addiction Treatment Benefits

Heroin recovery is regularly associated with relapse due to the intense process of withdrawal, treatment, and therapy. This risk is even more apparent in the early stages of rehab and recovery.

By dealing with your addiction in a private and safe environment, you'll gain the skills and understanding you need to succeed in recovery without relapse. Therapy is vital to recovery, and it goes hand-in-hand with treatment. View our [therapeutic outcome study](#) for more information about how successful therapy is in addiction recovery.

Moreover, support and encouragement can make all the difference. Our excellent **clinical team** and staff will give you the support and training to see you through every step of the recovery process. If you have a history of heroin use and addiction, a long-term recovery process with **relapse prevention** is the best route to go.

### Therapy and Treatment

From individual to group therapy, Red Oak Recovery provides a variety of treatment options for our clients. With gender-specific facilities, you'll have the resources you need to overcome your substance use in a peaceful and mind-opening environment.

Our treatment options include:

- Cognitive-behavioral therapy
- Holistic healing
- Group therapy
- Family counseling
- Adventure therapy

We also offer activities and therapy options that are unlike any other treatment you've seen before, such as expressive arts therapy and animal-assisted therapy.

## Dual Diagnosis Treatment at Red Oak Recovery

One of the most common causes of substance use is underlying medical conditions. For many people, they begin using substances due to **mental health disorders**, such as depression or anxiety. They feel that they cannot cope with the symptoms of these mental health conditions, and so they use the drug in an attempt to self-medicate these symptoms.

In addition, many people using heroin can develop mental health conditions. The most common of these conditions are depression and antisocial personality disorder.

In both cases, the individuals who are battling mental health conditions and addiction need simultaneous treatment for both conditions. At Red Oak Recovery, we're proud to provide dual diagnosis treatment. Dual diagnosis treatment, otherwise known as the treatment for co-occurring disorders, provides the concurrent treatment that these individuals need. It can give you the support and care you need to manage the mental health symptoms you've been avoiding. At the same time,

you can learn how to overcome your addiction and handle any triggers or urges to use substances in the future.

Dual diagnosis treatment can be vital for the long-term recovery of many people. If you only get treatment for your mental health condition, your addiction can cause more mental health problems in the future. Conversely, if you only get treatment for the addiction, your mental health symptoms will come back full-force. Without the right tools to manage these symptoms, you can return back to your substance use. However, with the help of dual diagnosis treatment, you are more likely to stay sober and enter into long-term recovery.

Our dual diagnosis treatment program can address a wide range of mental health conditions, including:

- Depression
- Anxiety
- Post-traumatic stress disorder
- Bipolar disorder
- Disordered eating

## Recovery Campuses at Red Oak

Young adult rehab programs are only as good as the people and the atmosphere around you. Our beautiful, gender-specific campuses in Leicester, North Carolina can provide the most comforting and stunning atmosphere.

Our women's campus, known as The Willows at Red Oak Recovery, is a beautiful facility with amazing views and spacious lounge areas. From yoga to meditation and other activities, we bring



out the joy and fun of the recovery process on your way to lifelong sobriety.

Our men's campus brings out the adventure of recovery with a rope's course and wall climbing activities. You can relax on our decks and patios or go for a hike in the wilderness.

The 32-bed facility will allow you to face addiction with eco-therapy and an outdoor focus. Our programs include activities such as kayaking and martial arts.



Click image for link to video.

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# Overcome Heroin Addiction At Red Oak Recovery

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Your time is now, and we're here to help you along the way. Red Oak Recovery takes pride in providing the best possible service for clients to ensure a safe and healthy recovery.

At our clinician-run addiction treatment center, our treatment staff is passionate about our work. We provide the highest quality treatment and therapy. We will inspire you to transform through self-exploration and proven treatments. You want a healthy, safe, and fun lifestyle. You can get it at Red Oak Recovery! We can give you the care and support you need to overcome heroin addiction.

Contact our team at **866.457.7590** to begin your road to recovery today.



Recieve the Red Oak  
Experience Today!

CALL NOW AT 866.457.7590

CONTACT US ONLINE