

Drug Addiction Treatment

Find addiction treatment help
today at Red Oak Recovery!

866.645.0441

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Substance abuse affects millions of Americans each year. Millions of people use drugs, either recreationally or due to addiction. Still, more have a friend, family member, or loved one who is addicted to drugs. Unfortunately, many of the people who suffer from addiction do not get the care, support, and treatment they need. Either they think they are too far gone or believe that treatment can't help their situation. Fortunately, that is not the case. Through Red Oak Recovery's drug treatment, you can overcome your substance abuse in a peaceful and comforting environment.

Many users fear entering treatment with thoughts such as, "How do I control this?" However, with our clinical team's support, you can regain control of your life and gain the confidence to carry on with treatment, recovery, and sobriety. Addiction does not have to take over your life and leave you isolated and worn down. The team at Red Oak Recovery is here to help you. Contact us today at **866.457.7590** to learn more about your treatment options.



What is Drug Addiction?

When we refer to drug addiction, we're discussing the physical and psychological dependence on substances such as cocaine, heroin, or opioids. Addiction exercises a powerful and dangerous hold on your brain, which reveals itself in a few distinct ways. The first way is that you crave the substance.

In other words, you repeatedly have urges to use the drug. In addition, you may struggle to control your use of the drug. You may also continue to use the substance even if using it has adverse consequences.



Nearly every type of drug, whether you're using heroin or methamphetamine, causes a powerful surge of dopamine in your brain. Once your mind begins to associate the use of the drug to that surge of dopamine, it starts rewiring itself, causing it to forget how to function without the drug. The more you take the drug, the more difficult it is to stop using it.

Unfortunately, the more you use the substance, the more of the drug your brain will tolerate. As a result, you may find that you need to take more of the drug to get the same result. You may also observe that you battle withdrawal symptoms when you do not use the drug. A combination of these factors can make it extremely difficult to stop using the drug without the help of a drug addiction program, such as the one offered at Red Oak Recovery.

Drug Addiction Treatment at Red Oak Recovery

At Red Oak Recovery, you will never face your substance abuse issues alone. Our staff has the training and spirit to ensure you feel comfortable and confident during treatment. Furthermore,

our proven programs will help you develop an understanding of your substance abuse while giving you the tools for success in recovery.

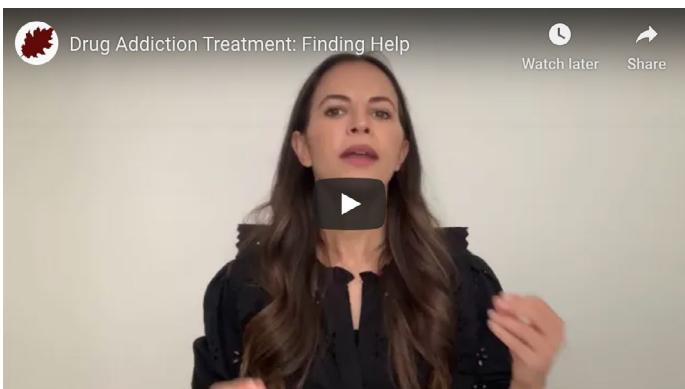
Our programs include:

- Men's program
- Family program
- Holistic services
- Alcohol Rehab Program
- Heroin Rehab Program

Our provides the specialized care you deserve. Recovery is different for everyone, and our gender-specific treatment will include a distinct rehab plan for each individual.

Family Program at Our Drug Addiction Treatment Program

We believe it would be a disservice to our clients if we only treat the person and not his or her family as well. As parents and family members, you may develop uncomfortable emotions and fear during your loved one's rehabilitation and treatment. At Red Oak Recovery, we will provide the resources to reconnect with your loved ones and gain an understanding of substance abuse, trauma, and mental health issues through our [family program](#).



Trauma, grief, and disconnect are often found in family members during a loved one's treatment, so it's important to address these family issues in a safe and comforting atmosphere.

Men's Drug Addiction Treatment Program

Our men's program at Red Oak Recovery is one-of-a-kind. At our 32-bed men's campus, you'll have the ability to experience the stunning views and peaceful wilderness of Leicester, North Carolina.

view of mens drug addiction treatment centerFrom spacious living areas to outdoor patios, our facility is designed to give you the peace and relaxation you need during treatment and recovery. Moreover, we give you the opportunity to enjoy some positive alternative activities during recovery with adventure and outdoor events.



Along with therapy and treatment, from meditation to yoga, you can free yourself from substance abuse, trauma, and [mental health issues](#).

The beautiful landscape, which you can see for yourself on our [photo video tour](#), and our fantastic staff at Red Oak Recovery make for your recovery's perfect environment. Having the support you need is vital, but the location and atmosphere can play a huge role in the success of your recovery.

Dual Diagnosis Treatment

Many people begin using drugs to escape the symptoms of underlying mental health issues. Conversely, you may have begun using drugs, and later developed a mental health problem. Unfortunately, both problems are all too common. Additionally, only treating one condition or the other does not work. If you only address the addiction, the symptoms of the mental health condition return, and, without anything to relieve them, you may find yourself turning back to drugs. Alternatively, you may want to get treatment for the mental health condition, but continue using drugs. In doing so, you may find that your addiction causes other mental health conditions to develop and your symptoms to grow worse.

As a result, it is imperative that you seek out [dual diagnosis treatment](#). Dual diagnosis treatment addresses both needs simultaneously. In other words, you get the skills you need to manage addiction triggers and relieve cravings. However, you also get the tools you need to manage your mental health condition in the future. Dual diagnosis treatment can give you the support and care you need to stay in recovery for longer periods of time.

Therapies Used in Drug Addiction Treatment

When you come to our addiction treatment center in North Carolina, you'll find that you spend a significant portion of your time in therapy. Therapy sessions allow you to get to the root cause of your addiction and provide you with the tools to curb your addictive behaviors in the future.

At Red Oak Recovery, we're happy to provide a range of evidence-based and holistic therapies to

give you the support you need. [Evidence-based therapies](#) are treatments which experts in addiction recovery have studied extensively. They know that these treatments can effectively address addiction. On the other end of the spectrum, holistic therapies are treatments that address the damage that addiction has done to a person's mind, body, and soul. We use a combination of these therapies, which we tailor to each person's unique needs in our treatment program.

Our programs include:

- Men's program
- Family program
- Holistic services
- Alcohol Rehab Program
- Heroin Rehab Program

Begin Your Journey At Red Oak Recovery

Are you ready to take on moving towards treatment and recovery? If so, you've made the most important step of all. Entering treatment is a difficult and courageous decision. At our men's treatment center, we can give you the support and tools you need to overcome addiction. Are you ready to begin your journey to sobriety? If so, we're ready to help you. [Contact Red Oak Recovery](#) today at [866.645.0441](#) for more information and admissions.



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